


**MENU MUST BE POSTED AT ALL TIMES
FOR NEW YORK STATE INSPECTION**


**ARCHDIOCESE OF NEW YORK
CHILD NUTRITION PROGRAM**

**OFFICE: 1011 1st Avenue
NY, NY 10022
7 AM – 3 PM
FAX (212) 426-3760**

LUNCH MENU – JANUARY, 2010

FOOD ALLERGIES? If you have allergies, please speak to the owner, manager, chef or your server

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/4	1/5	1/6	1/7	1/8
Meatloaf Mashed Potato w/Gravy Pears Milk	Chicken Patty on a Bun W/Mayonnaise Carrots Applesauce Chocolate Milk	Pork Teriyaki Over Brown Rice Green Peas Mandarin Oranges Milk	Grilled Turkey Ham & Cheese on Whole Wheat Vegetarian Beans Cherries Chocolate Milk	Whole Wheat Pizza Fresh Garden Salad W/Dressing Fresh Fruit Milk
1/11	1/12	1/13	1/14	1/15
Chicken Nuggets Potato Wedge Ketchup Fruit Cocktail Milk	Beef Hoagy On a Hero Roll Green Beans Peaches Chocolate Milk	Baked Ham w/Pineapples Mashed Sweet Potatoes Dinner Roll Milk	Shredded BBQ Turkey Breast on a Bun Corn Applesauce Chocolate Milk	Macaroni & Cheese Fresh Garden Salad W/Dressing Fresh Fruit Milk
1/18	1/19	1/20	1/21	1/22
Martin Luther King Day Holiday 	Breaded Chicken Mashed Potato w/Gravy Fruit Cocktail Chocolate Milk	Grilled Cheese Sandwich Turkey Noodle Soup Applesauce Milk	Cheeseburger on a Bun Potato Wedge Ketchup (2) Peaches Chocolate Milk	5" Round Pizza Fresh Garden Salad W/Dressing Fresh Fruit Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/25	1/26	1/27	1/28	1/29
Popcorn Chicken Mashed Potato w/Gravy Pears Milk	Grilled Turkey Ham & Cheese on Whole Wheat Vegetarian Beans Mandarin Oranges Chocolate Milk	Meatball Hero Green Beans Peaches Milk	Manager's Special 	Tuna Salad Sandwich Whole Wheat Bread Fresh Garden Salad W/Dressing Fresh Fruit Milk

SPECIAL NOTES:

- With the winter weather please be sure to always have emergency peanut butter, jelly, bread, juice & cheese
- Peanut Butter & Jelly sandwich or Cheese sandwich is offered at all schools as an alternate meal.
- All Chocolate milk is low fat.
- All Deli Style cold cuts must be sliced to a ½ oz portion.

MANAGERS SPECIAL: 1/28

1. 2 OZ. Protein
6 oz. Fruit and/or Vegetable
* Bread (must be called in three days in advance)
* Managers Special should consist of odds and ends in the freezer
Example: 25 chicken patties, 25 hamburger patties, make up the difference with Peanut Butter & Jelly sandwiches
2. If you need a menu for Managers Special, call the Child Nutrition Office.