

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Honey Biscuit 5 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Blueberry Loaf with Cheese Stick 6 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Sun Butter and Cinnamon Crisp Bar 7 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Bagel-ful 1 1/2 cup 100% Fruit Juice 1/2 cup Fruit Cup Milk</p>	<p>Assorted Cold Cereal 2 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>
 <p>VETERANS DAY</p>	<p>Yogurt 4 oz. with Granola 13 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Chocolate Mini Loaf and Cheese Stick 14 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Yogurt 4 oz. 8 Chocolate Chip Oatmeal Bar 1/2 cup 100% Fruit Juice 1/2 cup Fruit Cup Milk</p>	<p>Assorted Cold Cereal 9 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>
<p>Bagel-ful 19 1/2 cup 100% Fruit Juice 1/2 cup Fruit Cup Milk</p>	<p>Blueberry Biscuit 20 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Corn Loaf and Graham Crackers 21 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	 <p>No School! Happy Thanksgiving!</p>	<p>Assorted Cold Cereal 16 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>
<p>Yogurt 4 oz. with Granola 26 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Banana Muffin with Graham Crackers 27 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Blueberry Biscuit 28 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	 <p>NO SCHOOL Thanksgiving Break</p>	<p>Assorted Cold Cereal 30 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>
<p>Yogurt 4 oz. with Granola 26 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Banana Muffin with Graham Crackers 27 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Blueberry Biscuit 28 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>	<p>Bagel-ful 29 1/2 cup 100% Fruit Juice 1/2 cup Fruit Cup Milk</p>	<p>Assorted Cold Cereal 30 1/2 cup 100% Fruit Juice 1/2 cup Fresh Fruit Milk</p>

Two- $\frac{1}{2}$ cup fruit options will be offered daily.
Milk is served with every meal.
Choose 1% White Milk or Fat Free White Milk.
Student must take a fruit and/or juice.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN AND MEET THE GRAIN OUNCE EQUIVALENCY
ALL FOOD ITEMS MEET USDA CACFP AND CNP: NSLP/SBP REQUIREMENTS.

Fresh Fruit= Whole Fruit
Fruit Cup= 4 oz. cup
Frozen Fruit

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